

Family & Consumer Science Cluster
LIFE MANAGEMENT PATHWAY

Pathway Core Competencies & Objectives

COMPETENCY

LIM1 The student will develop criteria for managing different phases of one’s life span.

OBJECTIVES

- LIM1-1 Identify and apply the decision-making process⁵.
- LIM1-2 Analyze components of the management process and how it pertains to resources and information (financial, environmental, and basic needs).
- LIM1-3 Demonstrate knowledge of stress management strategies for family, work, and community settings.
- LIM1-4 Students will identify strategies to manage multiple roles, and responsibilities (individual, family, career, community, and global).
- LIM1-5 Demonstrate management of individual and family needs, including food, clothing, shelter, health care, recreation, and transportation

LIM2 The student will have an understanding of healthy family, workplace, and community relationships.

OBJECTIVES

- LIM2-1 Students will analyze functions and expectations of various types of relationships.
- LIM2-2 Identify skills and components of respectful healthy relationships.
- LIM2-3 Analyze processes for building and maintaining interpersonal relationships.
- LIM2-4 Compare physical, emotional, spiritual and intellectual functioning in stable versus unstable relationships.
- LIM2-5 Analyze factors that contribute to healthy and unhealthy relationships
- LIM2-6 Analyze processes for handling unhealthy relationships.

⁵ Including planning skills to organize tasks (e.g., identify choice options and consequences of alternative solutions, gathering relevant information, weigh pros/cons, and make informed decisions).

COMPETENCY

LIM3 Students will demonstrate knowledge and application of effective communication skills in family, work, and community settings.

OBJECTIVES

- LIM3-1 Examine communication styles and their effects on relationships.
- LIM3-2 Recognize and demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication.
- LIM3-3 Examine barriers to communication in family, work, and community settings.
- LIM3-4 Demonstrate awareness of ethical principles of communication in family, work, and community settings, including the ethical use of communication technology.

COMPETENCY

LIM4 Students will understand and apply conflict prevention and management techniques.

OBJECTIVES

- LIM4-1 Demonstrate understanding and application of positive emotional and anger management techniques
- LIM4-2 Show an understanding of how attitudes and behavior may contribute to positive or negative interactions with others.
- LIM4-3 Recognize and respect similarities and differences among people.
- LIM4-4 Identify what constitutes harassment and bullying.
- LIM4-5 Understand and apply nonviolent strategies to address conflict, including effective responses to harassment.
- LIM4-6 Identify community resources that support conflict prevention and management

COMPETENCY

LIM5 The students will investigate the different phases of parenting and parenting skills.

OBJECTIVES

- LIM5-1 Analyze parenting roles and responsibilities.
- LIM5-2 Explore the impact of diversity on families and society.
- LIM5-3 Examine basic parenting skills.
- LIM5-4 Investigate laws and services that impact parenting.

NOTE: In some schools “Foods, Health & Wellness”, “Consumer Economics” and “Community & Human Services” are taught within the FACS cluster, either under the Life Management Pathway or as their own separate pathways. However, in some schools, these areas are taught within other CTE clusters. If “Foods, Health & Wellness”, “Consumer Economics” and “Community & Human Services” are addressed within the FACS cluster, either as a separate pathway or within the Life Management Pathway, below are the competencies that would apply.

FOOD, HEALTH & WELLNESS

COMPETENCY

LIM6 The students will develop an understanding of how food choices can impact one’s health and lifestyle.

OBJECTIVES

- LIM6-1 Analyze parenting roles and responsibilities in relation to food choices.
- LIM6-2 Evaluate the impact of food choices on wellness.
- LIM6-2 Formulate a plan to achieve a healthy lifestyle.

CONSUMER ECONOMICS

COMPETENCY

LIM7 Students will demonstrate knowledge of consumer economics.

OBJECTIVES

- LIM7-1 Employ decision-making process in making consumer decisions about purchasing, creating, and maintaining basic human necessities (e.g., housing, food, clothing, transportation, health, insurance, etc.).
- LIM7-2 Determine choice options and gather relevant product and service information on goods and services (i.e., features, styles, cost, services provided, etc.) to determine trade-offs.
- LIM7-3 Examine and interpret labeling, packaging, and support materials of consumer goods.
- LIM7-4 Examine components of a financial planning process that reflects the distinction between needs and wants, values, goals, and economic resources.

COMPETENCY

LIM8 The students will evaluate the impact of technology and media on individual and family resources.

OBJECTIVES

- LIM8-1 Students will demonstrate awareness of the different venues for gathering information and making purchases (i.e., purchasing over the internet, in stores, etc.)
- LIM8-2 Critique and assess media messages and their impact on consumer decisions
- LIM8-3 Recognize sales techniques that compare, demonstrate, assist, and advise consumers in the selection of goods and services

COMPETENCY

LIM9 Students will demonstrate management of financial resources to meet the goals of individuals and families across the life span.

OBJECTIVES

- LIM9-1 Determine the need for personal and family financial planning with the goal of becoming and staying self-sufficient.
- LIM9-2 Student will know how to create a personal budget (i.e., project income and expenses).
- LIM9-3 Student will be able to read and understand credit terms, conditions, and effects of credit decisions (i.e., credit card applications, credit scores, etc.)
- LIM9-4 Student will be knowledgeable about banking options, accounts, and terminology (i.e., types of accounts (checking, savings, money market, CD, interest rates, etc.)
- LIM9-5 Student will identify options, gather relevant information, weigh pros/cons and make informed decisions about housing (i.e., rent versus buy a house, financing options, understand terms and conditions of leases and purchases)
- LIM9-6 Student will identify options, gather relevant information, weigh pros/cons and make informed decisions about transportation (i.e., used versus new car, lease versus buy, financing options, understand terms and conditions of leases and purchases).

COMMUNITY AND HUMAN SERVICES

COMPETENCY

LIM10 Students will be aware of and demonstrate job-seeking skills.

OBJECTIVES

- LIM10-1 Students will be able to prepare a quality resume and cover letter (i.e., formatted in a professional, aesthetically pleasing manner, no typos)
- LIM10-2 Student will complete a **quality** job application (i.e., complete, neat)
- LIM10-3 Student will be aware of and demonstrate quality job interviewing skills (i.e., professional appearance, eye contact, language, communicate information about self relevant to the job, conduct appropriate follow-up after interview).

COMPETENCY

LIM11 Students will be aware of and demonstrate professionalism and employability skills.

- LIM11-1 Student demonstrates awareness of different avenues to identify job opportunities (i.e., newspaper, organizations, online job service agencies, etc.)
- LIM11-2 Student is aware of and demonstrates job-keeping skills for the modern workplace.
Examples:
 - Punctuality
 - Work Ethic (i.e., works hard, does best, stays on task, honesty, dependable)
 - Completes assigned tasks in a timely manner (task completion)
 - Appearance is appropriate for the workplace.
 - Overall professionalism
- LIM11-3 Be able to listen, gather information, and follow directions pertinent to a task.
- LIM11-4 Awareness of and demonstration of customer service skills (politeness, responsiveness, tone of voice, etc.)
- LIM11-5 Employ written communication skills appropriate to the setting.

COMPETENCY

LIM12 The student will analyze factors that influence individual, family and community life.

OBJECTIVES

- LIM12-1 Set goals for lifelong learning (i.e., short-term, intermediate, and long-term life goals)
- LIM12-2 Develop a life plan for achieving individual goals.
- LIM12-3 Student will demonstrate an awareness of local community issues and needs.
- LIM12-4 Student will identify volunteer and participation opportunities in school or community settings.
- LIM12-5 Student will be knowledgeable of and demonstrate awareness of characteristics of an effective leader.
- LIM12-6 Student will be a contributing and effective team member (i.e., contributes to the work of the group, positive communications in group setting, works collaboratively)